

# Ad Completorium

The Gasparian Psalter

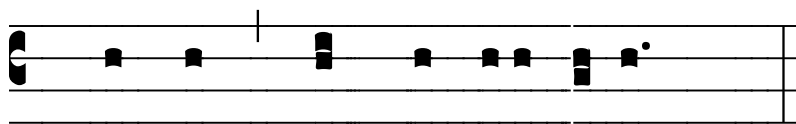


Music by Fr. Jeffrey Keyes, C.P.P.S.  
Based on Gregorian Modes  
2007

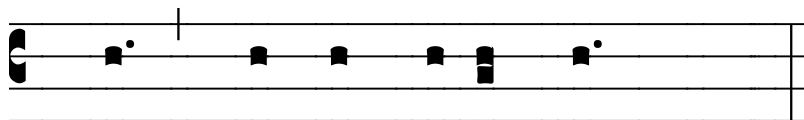


# Invitatory

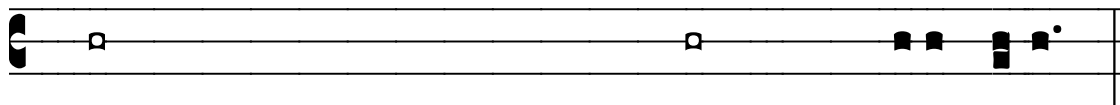
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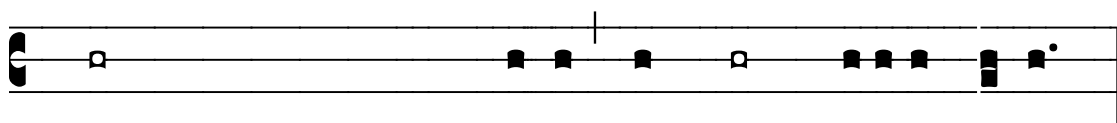
O God, come to my as-sis-tance.



Lord, make haste to help me.



Glory to the Father, and to the Son, and to the Holy Spi-rit,



As it was in the beginning is now, and will be forever, Amen.



Al-le lu -ia

## Examination of Conscience or Penitential Rite

### Hymn

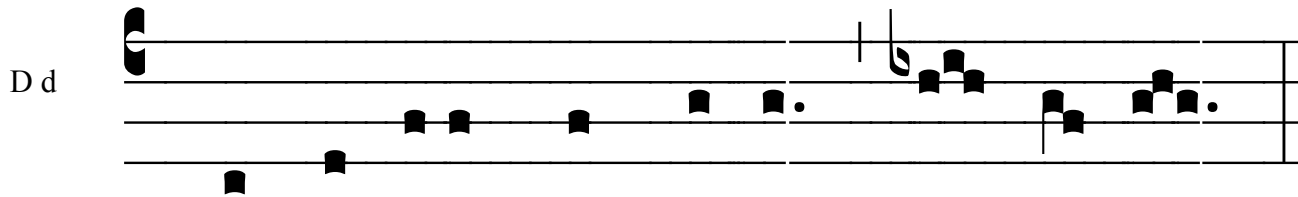
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Glory to the Father, and to the Son,  
and to the Holy Spirit;

as it was in the beginning, is now,  
and will be forever, Amen.

*Psalm 134(133) Prayer at nighttime*  
*Ecce nunc*



In the silent hours of night, bless the Lord



O come, bless the LORD,  
all you who serve the LORD,  
who stand in the house of the LORD,  
in the courts of the house of our God.

Lift up your hands to the holy place  
and bless the LORD through the night.

May the LORD bless you from Zion,  
he who made both heaven and earth.

Glory to the Father, and to the Son  
And to the Holy Spirit

As it was in the beginning, is now,  
And will be for ever, Amen.

## **Reading**

*Deut 6:4-7*

"Hear, O Israel! The LORD is our God, the LORD alone! Therefore, you shall love the LORD, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.

## **Responsory**

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## **Gospel Canticle**

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## **Concluding Prayer**

Lord,  
be with us throughout this night.  
when day comes may we rise from sleep  
to rejoice in the resurrection of your Christ,  
who lives and reigns forever and ever.

## **Blessing**

May the all-powerful Lord grant us a restful night and a peaceful death.  
-- Amen

## **Antiphon in honor of the Blessed Virgin**

# Sunday or Solemnity II

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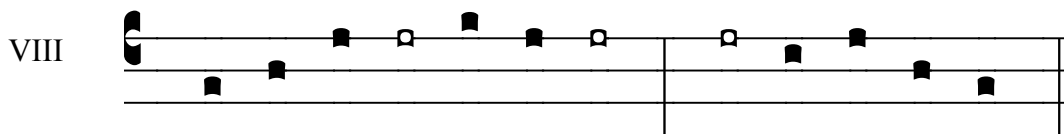
## Psalmody

*Psalm 91(90) Under the wing of God's protection*

*Qui habitat*



Night holds no terrors for me sleeping under God's wings.



He who dwells in the shelter of the Most High  
and abides in the shade of the Almighty  
says to the LORD: "My refuge,  
my stronghold, my God in whom I trust!"

It is he who will free you from the snare  
of the fowler who seeks to destroy you;  
he will conceal you with his pinions  
and under his wings you will find refuge.

You will not fear the terror of the night  
nor the arrow that flies by day,  
nor the plague that prowls in the darkness  
nor the scourge that lays waste at noon.

A thousand may fall at your side,  
ten thousand fall at your right,  
you, it will never approach;  
his faithfulness is buckler and shield.

Your eyes have only to look  
to see how the wicked are repaid,  
you who have said: "LORD, my refuge!"  
and have made the Most High your dwelling.

Upon you no evil shall fall,  
no plague approach where you dwell.  
For you has he commanded his angels,  
to keep you in all your ways.

They shall bear you upon their hands  
lest you strike your foot against a stone.  
On the lion and the viper you will tread  
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;  
protect you for he knows my name.  
When he calls I shall answer: "I am with you,"  
I will save him in distress and give him glory.

With length of days I will content him;  
I shall let you see my saving power.

Glory to the Father, and to the Son  
And to the Holy Spirit

As it was in the beginning, is now,  
And will be for ever, Amen.



## Reading

*Rev 22:4-5*

They will look upon his face, and his name will be on their foreheads. Night will be no more, nor will they need light from lamp or sun, for the Lord God shall give them light, and they shall reign forever and ever.

## Responsory

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## Gospel Cantic

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## Concluding Prayer

Lord,  
We have celebrated today  
the mystery of the rising of Christ to new life.  
May we now rest in your peace,  
Safe from all that could harm us,  
And rise again refreshed and joyful  
to praise you throughout another day.  
We ask this through Christ our Lord.

**Or on solemnities that do not occur on Sunday:**

Lord,  
We beg you to visit this house  
And banish from it  
All the deadly power of the enemy.  
May your holy angels dwell here  
To keep us in peace,  
And may your blessing be upon us always.  
We ask this through Christ our Lord.

## **Blessing**

May the all-powerful Lord grant us a restful night and a peaceful death.

-- Amen

## **Antiphon in honor of the Blessed Virgin**



# Monday

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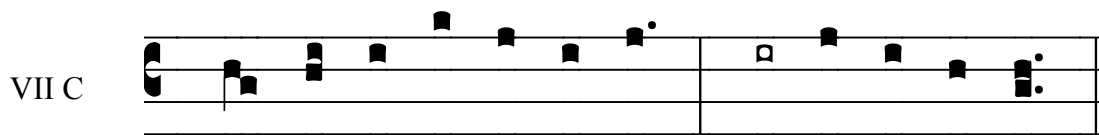
## Psalmody

*Psalm 86(85) Loyalty in God's service*

*Inclina, Domine*



O Lord, our God, unwearied is your love for us.



Turn your ear, O LORD, and give answer  
for I am poor and needy.  
Preserve my life, for I am faithful;  
save the servant who trusts in you.

You are my God, have mercy on me, LORD,  
for I cry to you all the day long.  
Give joy to your servant, O LORD,  
for to you I lift up my soul.

O LORD, you are good and forgiving,  
full of love to all who call.  
Give heed, O LORD, to my prayer  
and attend to the sound of my voice.

In the day of distress I will call  
and surely you will reply.  
Among the gods there is none like you, O LORD;  
nor work to compare with yours.

All the nations shall come to adore you  
and glorify your name, O LORD:  
for you are great and do marvelous deeds,  
you who alone are God.

Show me, LORD, your way  
so that I may walk in your truth.  
Guide my heart to fear your name.

I will praise you, LORD my God, with all my heart  
and glorify your name for ever;  
for your love to me has been great:  
you have saved me from the depths of the grave.

The proud have risen against me;  
ruthless men seek my life;  
to you they pay no heed.

But you, God of mercy and compassion,  
slow to anger, O LORD,  
abounding in love and truth,  
turn and take pity on me.

O give your strength to your servant  
and save your handmaid's child.  
Show me the sign of your favor  
that my foes may see to their shame  
that you console me and give me your help.

Glory to the Father, and to the Son  
And to the Holy Spirit

As it was in the beginning, is now,  
And will be for ever, Amen.

## Reading

*1 Thess 5:9-10*

For God did not destine us for wrath, but to gain salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live together with him.

## Responsory

page 25

## Gospel Cantic

page 26

## Concluding Prayer

Lord,  
give our bodies restful sleep  
and let the work that we have done today  
bear fruit in eternal life.  
We ask this through Christ our Lord.

## Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.  
-- Amen

## Antiphon in honor of the Blessed Virgin



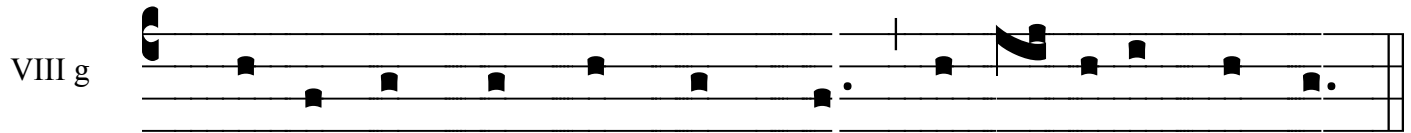
# Tuesday

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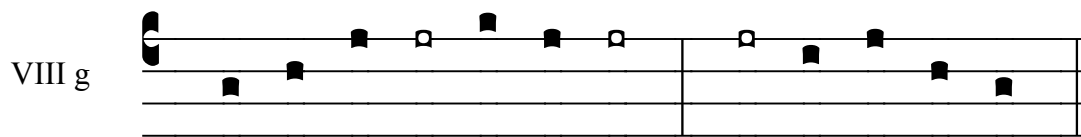
## Psalmody

*Psalm 143(142) Prayer in desolation*

*Domine, exaudi*



Do not hide your face from me; in you I put my trust



LORD, listen to my prayer:  
turn your ear to my appeal.  
You are faithful, you are just; give answer.  
Do not call your servant to judgment  
for no one is just in your sight.

The enemy pursues my soul;  
he has crushed my life to the ground;  
he has made me dwell in darkness  
like the dead, long forgotten.  
Therefore my spirit fails;  
my heart is numb within me.

I remember the days that are past:  
I ponder all your works.  
I muse on what your hand has wrought  
and to you I stretch out my hands.  
Like a parched land my soul thirsts for you.

LORD, make haste and answer;  
for my spirit fails within me.  
Do not hide your face  
lest I become like those in the grave.

In the morning let me know your love  
for I put my trust in you.  
Make me know the way I should walk:  
to you I lift up my soul.

Rescue me, LORD, from my enemies;  
I have fled to you for refuge.  
teach me to do your will  
for you, O LORD, are my God.  
Let your good spirit guide me  
in ways that are level and smooth.

For your name's sake, LORD, save my life;  
in your justice save my soul from distress.

Glory to the Father, and to the Son  
And to the Holy Spirit

As it was in the beginning, is now,  
And will be for ever, Amen.

## Reading

I Peter 5:8-9a

Be sober and vigilant. Your opponent the devil is prowling around like a roaring lion looking for someone to devour. Resist him, steadfast in faith.

## **Responsory**

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## **Gospel Canticle**

page 26

## **Concluding Prayer**

Lord,  
fill this night with your radiance.  
May we sleep in peace and rise with joy  
to welcome the light of a new day in your name.  
We ask this through Christ our Lord.

## **Blessing**

May the all-powerful Lord grant us a restful night and a peaceful death.

-- Amen

## **Antiphon in honor of the Blessed Virgin**





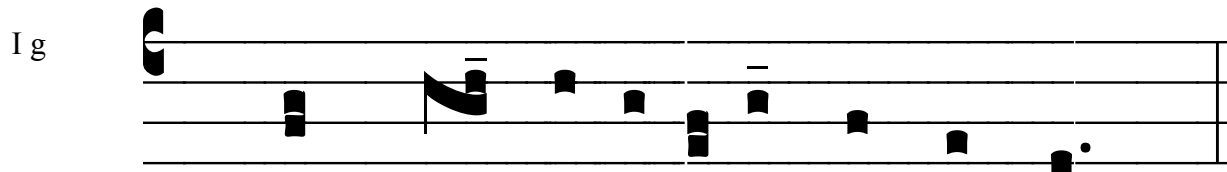
# Wednesday

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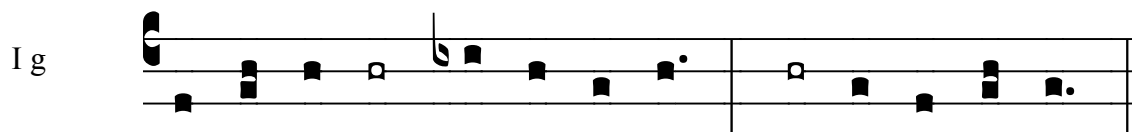
## Psalmody

*(+1) Psalm 31(30):1-6 A prayer of trust in God*

*In te, Domine, speravi*



Lord God, be my refuge and my strength



In you, O LORD, I take refuge.  
Let me never be put to shame.  
In your justice, set me free,  
hear me and speedily rescue me.

Be a rock of refuge for me,  
a mighty stronghold to save me,  
for you are my rock, my stronghold.  
For your name's sake, lead me and guide me.

Release me from the snares they have hidden  
for you are my refuge, LORD.  
Into your hands I commend my spirit.  
It is you who will redeem me, LORD.

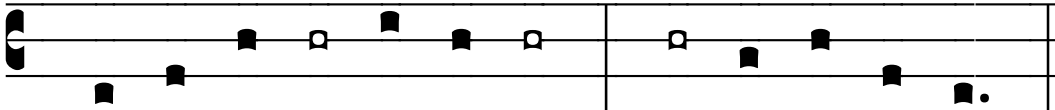
Glory to the Father, and to the Son  
And to the Holy Spirit  
As it was in the beginning, is now,  
And will be for ever, Amen.

VIII g



Out of the depths I cry to you, Lord

VIII g



Out of the depths I cry to you, O LORD,  
LORD, hear my voice!  
O let your ears be attentive  
to the voice of my pleading.

If you, O LORD, should mark our guilt,  
LORD, who would survive?  
But with you is found forgiveness:  
for this we revere you.

My soul is waiting for the LORD.  
I count on his word.  
My soul is longing for the LORD  
more than watchman for daybreak.  
(Let the watchman count on daybreak  
and Israel on the LORD.)

Because with the LORD there is mercy  
and fullness of redemption,  
Israel indeed he will redeem  
from all its iniquity.

Glory to the Father, and to the Son  
And to the Holy Spirit

As it was in the beginning, is now,  
And will be for ever, Amen.

## **Reading**

Ephesians 4:26-27

Be angry but do not sin; do not let the sun set on your anger, and do not leave room for the devil.

## **Responsory**

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## **Gospel Canticle**

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## **Concluding Prayer**

Lord Jesus Christ,  
you have given your followers  
an example of gentleness and humility,  
a task that is easy, a burden that is light.  
Accept the prayers and work of this day,  
and give us the rest that will strengthen us  
to render more faithful service to you  
who live and reign forever.

## **Blessing**

May the all-powerful Lord grant us a restful night and a peaceful death.  
-- Amen

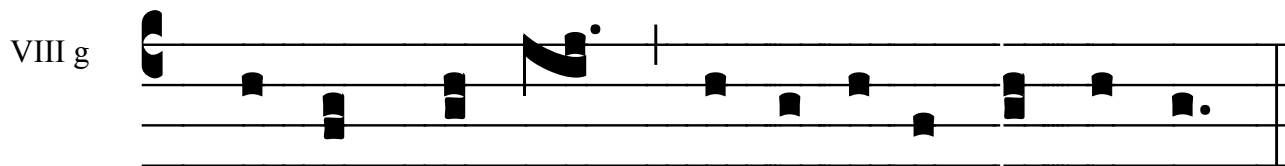
## **Antiphon in honor of the Blessed Virgin**

# Thursday

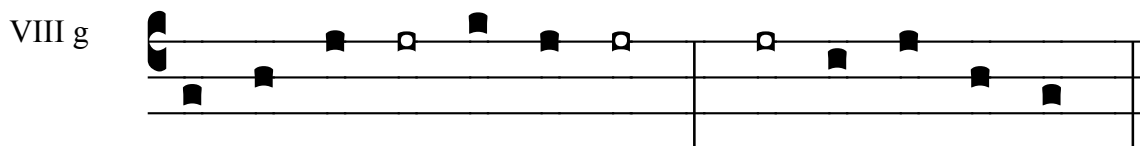
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## Psalmody

*Psalm 16(15) True happiness  
Conserva me, Domine*



In you, my God, my body will rest in hope.



Preserve me, God, I take refuge in you.  
I say to you LORD: "You are my God.  
My happiness lies in you alone."

He has put into my heart a marvelous love  
for the faithful ones who dwell in his land.  
Those who choose other gods increase their sorrows.  
Never will I offer their offerings of blood.  
Never will I take their name upon my lips.

O LORD, it is you who are my portion and cup;  
it is you yourself who are my prize.  
The lot marked out for me is my delight:  
welcome indeed the heritage that falls to me!

I will bless you, LORD, you give me counsel,  
and even at night direct my heart.  
I keep the LORD, ever in my sight:  
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
For you will not leave my soul among the dead,  
nor let your beloved know decay.

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever.

Glory to the Father, and to the Son,  
and to the Holy Spirit;

as it was in the beginning, is now,  
and will be forever, Amen.

## **Reading**

*1 Thess 5:23*

May the God of peace himself make you perfectly holy and may you entirely, spirit, soul, and body, be preserved blameless for the coming of our Lord Jesus Christ.

## **Responsory**

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## **Gospel Canticle**

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## **Concluding Prayer**

Lord God,  
send peaceful sleep  
to refresh our tired bodies.  
May your help always renew us  
and keep us strong in your service.  
We ask this through Christ our Lord

## Blessing

May the all-powerful Lord grant us a restful night and a peaceful death.

-- Amen

## Antiphon in honor of the Blessed Virgin

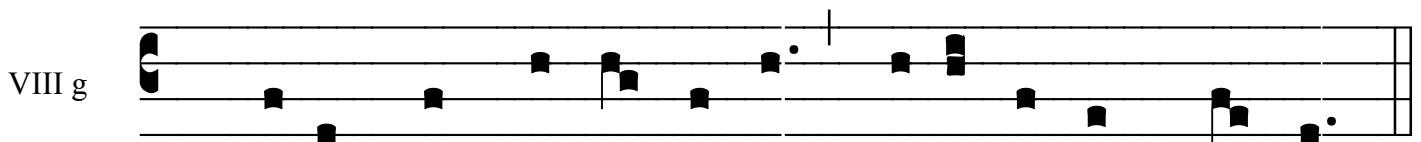
## Friday

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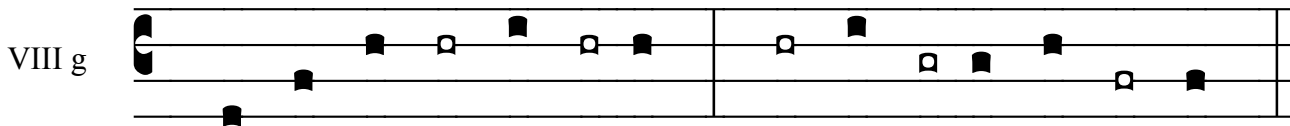
### Psalmody

*(+1) Psalm 88(87) A prayer in desolation*

*Domine, Deus*



Day and night I cry to you; I cry to you, my God



LORD my God, I call for help by day;  
I cry at night before you.  
Let my prayer come into your presence.  
O turn your ear to my cry.

For my soul is filled with evils;  
my life is on the brink of the grave.  
I am reckoned as one in the tomb;  
I have reached the end of my strength,

Like one alone among the dead,  
like the slain lying in their graves,  
like those you remember no more,  
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,  
in places that are dark, in the depths.  
Your anger weighs down upon me;  
I am drowned beneath your waves.

You have taken away my friends  
and made me hateful in their sight.  
Imprisoned, I cannot escape;  
my eyes are sunken with grief.

I call to you, LORD, all the day long;  
to you I stretch out my hands.  
Will you work your wonders for the dead?  
Will the shades stand and praise you?

Will your love be told in the grave  
or your faithfulness among the dead?  
Will your wonders be known in the dark  
or your justice in the land of oblivion?

As for me, LORD, I call to you for help;  
in the morning my prayer comes before you.  
LORD, why do you reject me?  
Why do you hide your face?

Wretched, close to death from my youth,  
I have borne your trials; I am numb.  
Your fury has swept down upon me;  
your terrors have utterly destroyed me.

They surround me all the day like a flood,  
they assail me all together.  
Friend and neighbor you have taken away:  
my one companion is darkness.

Glory to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning, is now,  
and will be forever, Amen.

## **Reading**

*Jer 14:9a*

You are in our midst, O LORD,  
your name we bear:  
do not forsake us!

## **Responsory**

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## **Gospel Cantic**

page 26

## **Concluding Prayer**

All-powerful God,  
keep us united with your Son  
in his death and burial  
so that we may rise to new life with him,  
who live and reigns for ever and ever.

## **Blessing**

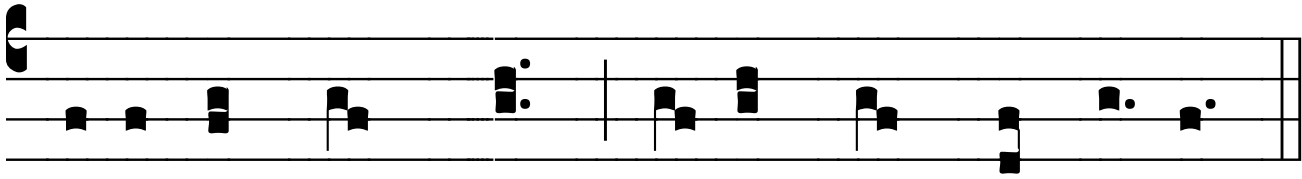
May the all-powerful Lord grant us a restful night and a peaceful death.  
-- Amen

## **Antiphon in honor of the Blessed Virgin**

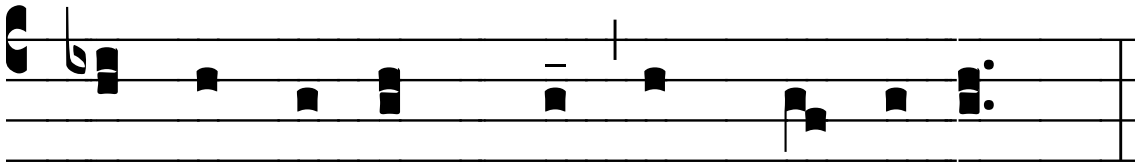


# Responsory

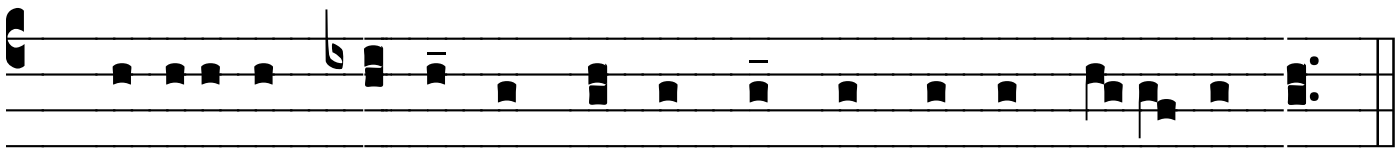
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Into your hands, Lord, \* I commend my spir- it.



You have redeemed us, Lord, God of truth \*



Glory to the Father, and to the Son, and to the Ho-ly Spir-it.



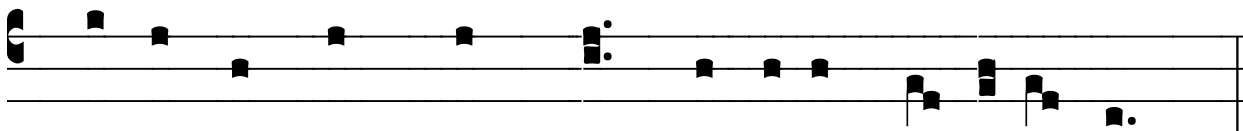
# Gospel Canticle

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*Luke 2:29-32*



Protect us, Lord as we stay awake; watch over us as we sleep, that awake,



we may keep watch with Christ, and asleep, rest in his peace.

Lord now you let your servant go in peace,  
your word has been fulfilled:

my own eyes have seen the salvation  
which you have prepared in sight of every people:

a light to reveal you to the nations,  
and the glory of your people Israel.

Glory to the Father, and to the Son,  
and to the Holy Spirit;

as it was in the beginning, is now,  
and will be forever, Amen.

# Te lucis ante terminum

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Te lucis ante terminum,  
rerum Creator, poscimus  
ut pro tua clementia  
sis praesul et custodia.

Procul recedant somnia  
et noctium phantasmata;  
hostemque nostrum comprime,  
ne polluantur corpora.

Praesta, Pater piissime,  
Patrique compar Unice,  
cum Spiritu Paraclito  
regnans per omne saeculum.  
Amen.

To Thee, before the close of day  
Creator of the world, we pray  
that with Thy wonted favor, Thou  
wouldst be our Guard and Keeper now.

From all ill dreams defend our eyes,  
from nightly fears and fantasies:  
tread under foot our ghostly foe,  
that no pollution we may know.

O Father, that we ask be done  
through Jesus Christ Thine only Son,  
who, with the Holy Ghost and Thee,  
shall live and reign eternally.  
Amen.